

years, working on the Public Education, State Affairs, and Constitutional Amendments committees. In 1983, he made the transition to county service. He was elected Commissioner for Precinct 2, and has been serving San Antonio as a Bexar County Commissioner for over 20 years.

He has been involved in a wide variety of community organizations, including the Center for Health Care Services, the Metropolitan Planning Organization, the Private Industry Council, and the National Council of Community Mental Health centers. An energetic public servant, a veteran of the United States Marine Corps, and a beloved teacher he is an inspiration to the community.

Mr. Speaker, Bexar County Commissioner Paul Elizondo is a credit to his community and a tremendous resource to his county.

H. RES. 16, NATIONAL MANUFACTURING WEEK

HON. RON KIND

OF WISCONSIN

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 10, 2005

Mr. KIND. Mr. Speaker, I rise to speak favorably on House Resolution 16, supporting the goals of National Manufacturing Week, congratulating manufacturers and their employees for their contributions to growth and innovation, and recognizing the challenges facing the manufacturing sector.

The American manufacturing industry has been a key to our economic success in the past, and will continue to be a key to our economic success in the future. As a member of the Congressional Manufacturing Task Force, I have focused on how the federal government can most effectively help small and medium sized manufacturers compete and grow in western Wisconsin and throughout the country. Through good investments and smart practices, the federal government can better assist American companies and help our nation keep its economic edge.

We need to invest in proven programs that help small and medium sized businesses, such as the Manufacturing Extension Partnership (MEP). The MEP provides our manufacturers with the tools to compete in a competitive marketplace. It increases our country's manufacturing productivity and competitiveness, resulting in expanded economic activity and an enhanced tax base. It aids in the creation and retention of well-paying manufacturing jobs for American workers, and it is vital to our nation's small manufacturers. That is why I have supported level funding of \$109 million for the MEP in FY 2006.

Mr. Speaker, I fully support House Resolution 16, supporting the goals of National Manufacturing Week, and I congratulate American manufacturers for their contributions to our economic success.

HOW WE CAN HELP AFRICA

HON. CHARLES B. RANGEL

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 10, 2005

Mr. RANGEL. Mr. Speaker, the plight of Sub-Saharan Africa is one that has concerned our country for some time now. Africa faces many challenges that potentially threaten long-term stability, including the world's most serious HIV/AIDS pandemic, widespread rural and urban poverty, and civil and ethnic conflict. In constant dollar terms, incomes in Africa are only about \$100 higher than in 1960.

With so many problems facing the continent, many Americans may wonder what they themselves can do to help. This question was addressed in a recent news release from Julius E. Coles, President of Africare. Africare is the oldest and largest African-American organization dedicated to African development. While his organization oversees the distribution of millions of dollars to projects across Africa, Mr. Coles has offered in this release some simple steps that average Americans can take in the effort to help Africa. In short, he advocates that Americans get to know Africa—its history, people, food, languages, music, and current events.

In so doing they will be gaining the knowledge and understanding necessary to advocate effectively for Africa to their elected officials. With large African communities in most cities, Americans have ample opportunity to get to know Africa without even leaving home. Americans should also begin to invest in companies and ventures that engage in sustainable and mutually beneficial investment in Africa, or take the extra step to buy products made in Africa.

In addition, Americans should remember to donate to reputable charity and nonprofit organizations that operate in Africa. As governmental capacity in most African nations is lacking, the non-profit sector serves an important role in providing assistance to those in need. Again I thank Mr. Coles for his release, it clearly reminds us that we all can help Africa, we need only take the first simple step.

[From Africare, Feb. 25, 2005]

10 WAYS YOU CAN HELP AFRICA

(By Julius E. Coles)

WASHINGTON, DC.—I have worked with Africa for nearly 40 years; and as a result, I am often approached by people here in the United States who want to help the people of Africa but who also feel overwhelmed. It may be the continent's vastsize that intimidates, or the depth of some of its challenges, or the media reports that highlight Africa's problems but minimize the progress that has been made. "Can I really make a difference?" people ask. "Yes," I always tell them, "you can."

As I write these words, Black History Month is nearing its end. We have celebrated the achievements of our African-American community and honored our hereditary roots in Africa. Now, I propose that we Americans continue the celebration by committing ourselves to help Africa year-round. What follows are 10 ways in which you—an individual, a family, a member of a social or civic group, a small business, a church, a school—can do just that.

Read. The more you know about Africa, the better you can motivate others to help. Read a survey of African history since the dawn of humankind more than 200,000 years ago. Read a book about black African leaders, from the Kushite pharaohs of ancient Egypt to the giants of 20th century independence (Nelson Mandela of South Africa, Leopold Senghor of Senegal, Jomo Kenyatta of Kenya, Kwame Nkrumah of Ghana, Haile Selassie of Ethiopia and more). Follow African current events on Web sites like AllAfrica (allafrica.com), BBC News (newsbbc.co.uk/2/hi/africa) and CNN (www.cnn.com/WORLD/africa/archive).

Teach, learn. If you're a teacher, plan a lesson or special project about Africa. If you're a parent, look for a fun "African experience" your family can share. If you're a student, do a research paper on Africa or start an Africa Club with your friends. If your school has African students, have a special assembly and ask them to speak.

Write. Voice your views and perspectives on Africa-related issues. Write a letter to your senator, member of congress, or state or local government official. Share your concerns with companies engaged in Africa. Author a guest editorial for your community or school newspaper, or a posting to your favorite Internet message board.

Speak. If you've traveled or worked in Africa, give a talk to a group you belong to. If you've never been to Africa, arrange for an African immigrant who lives in your community to speak.

Travel. If you have the means, visit Africa. Consider a group trip: traveling in groups can add to the fun as well as reduce the costs (group discounts are often substantial); As much as possible, do business with African vendors for transport, lodging and tours. While in Africa, absorb the beautiful scenery and cultural sites—but also take the time to meet local people, learn about their lives and understand the development challenges that they face. Finally, stay connected, and committed, once you return home. For example, if you visited a drought-prone country, involve your friends in raising funds for water wells.

See, hear, eat . . . enjoy! African culture is accessible in most American cities. You can see an African film (Afrique-sur-Seine, The Gods Must Be Crazy) or a film about Africa (Hotel Rwanda, The Lost Boys of the Sudan, Cry Freedom). Attend a performance of African music or dance. Visit an African art museum. Eat at an African restaurant. Enjoy and appreciate the incredible variety of cultures that are "African" and share those enthusiasms with others.

Meet. Almost every city and many smaller communities in the United States are home to first-generation Africans. Find opportunities to meet your African neighbors, to learn from them and to invite their participation in local organizations. Reach out especially to new arrivals, who might welcome your help finding housing and jobs and generally adjusting to American life.

Invest. You may be in a position to invest in an African business or to join a group of investors with African interests (there are growing numbers of African investment funds you might want to explore). On the other hand, even the simple act of buying African art in an American store helps to support the artists and their families in Africa. Depending on where you work, you might also engage your employer in African investment or trade.

Donate. Make a charitable donation to one of the many reputable organizations assisting Africa. Your gift may be large or small.

Usually you can give online. You can support special projects or offer to help "where needed most" in Africa. You can give individually; you can organize a fund raiser; you can give in your workplace.

Share. Send this article to 10 people, and ask each to send it on to 10 more—and encourage all recipients to help Africa this year in one of the nine other ways presented above.

HIS HOLINESS THE DALAI LAMA ON TIBETAN UPRISING DAY

HON. MARK STEVEN KIRK

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 10, 2005

Mr. KIRK. Mr. Speaker, I request the attached copy of the annual statement of His Holiness the Dalai Lama marking March 10, 2005 as the 46th anniversary of the Tibetan Uprising of 1959 be included in the CONGRESSIONAL RECORD.

On March 10, 1959, the people of the Tibetan capital of Lhasa surrounded the home of the Dalai Lama in a brave effort to protect him from the Peoples' Liberation Army's guns that were trained on his compound from across the river. These Tibetans refused to leave even after the Chinese artillery fire began falling. On March 17, 1959, the Dalai Lama fled into exile in a futile effort to protect them; thousands died during the Chinese assault on the city, and thousands more died as the PLA moved to suppress a nationwide uprising against their increasingly repressive occupation of Tibet.

Despite China's history of aggression and brutality, the Dalai Lama has worked for more than forty years to promote Tibetan self-determination through non-violent means. I am proud that the U.S. Congress is a beacon of support for the Tibetan struggle. As the lead sponsor of the Tibetan Policy Act of 2002, I was pleased to see the Congress come together recently in support of a strong U.S. policy on Tibet.

The Dalai Lama's release of his annual March 10 statement today highlights key points regarding for the Tibetan people and the world. Four decades of Chinese-led economic and social changes in Tibet have not primarily benefitted the Tibetan people. There continues to be instability in Tibet not because of "splittist activities", but because of a profound lack of human rights, religious freedom and self-rule on the ground in Tibet. China itself has made tremendous economic progress during the past twenty or thirty years, but China's image in the world remains tarnished by her human rights records, undemocratic actions, the lack of the rule of law and the unequal implementation of autonomy rights regarding minorities. The renewed contact between the Tibetan and Chinese leadership, including the third round of meetings last September, are resulting in gradually improving interactions. It is my hope the future will continue to see improvements in the dialog.

THE STATEMENT OF HIS HOLINESS THE DALAI LAMA ON THE 46TH ANNIVERSARY OF THE TIBETAN NATIONAL UPRISING DAY

On the occasion of the 46th anniversary of the Tibetan People's Uprising, I convey my

warm greetings to my fellow Tibetans in Tibet and in exile and to our friends around the world.

During these more than four decades great changes have taken place in Tibet. There has been a great deal of economic progress along with development in infrastructure. The Golmud-Lhasa railway link that is being built is a case in point. However, during the same period much has been written by independent journalists and travelers to Tibet about the real situation in Tibet and not what they have been shown. Most of them portray a very different picture than what the Chinese government claims, clearly criticizing China about the lack of human rights, religious freedom and self-rule in Tibet. What has actually happened and is still happening is that since the establishment of the Tibet Autonomous Region the real authority has been solely held by Chinese leaders. As for the Tibetan people, they have been facing suspicions and growing restrictions. The lack of true ethnic equality and harmony based on trust, and the absence of genuine stability in Tibet clearly shows that things are not well in Tibet and that basically there is a problem.

Prominent and respected Tibetan leaders in Tibet have spoken out on this from time to time and even suffered because of their courageous acts. In the early 1960s, the late Panchen Lama outlined the sufferings and aspirations of the Tibetan people in his petition to the Chinese leaders. Baba Phuntsok Wangyal, one of the foremost Tibetan communist leaders, in his recent biography published in English dwells at length on the need to meet the interests of the Tibetan people. In fact, it is clear that most senior Tibetan officials in Tibet deep in their hearts are extremely dissatisfied.

This year the Chinese government will mark the 40th anniversary of the establishment of the Tibet Autonomous Region. There will be much fanfare and many commemorative events to celebrate the occasion but these will be meaningless when they do not reflect the ground realities. For example, the Great Leap Forward and the Cultural Revolution were celebrated with great pomp as real achievements at the time they took place.

China has made tremendous economic progress during the past more than two decades. China today is not what it was twenty or thirty years ago. Much has changed in China. As a result she has become a major player in the world and China rightly deserves this position. It is a big nation with a huge population and a rich and ancient civilization. However, China's image is tarnished by her human rights records, undemocratic actions, the lack of the rule of law and the unequal implementation of autonomy rights regarding minorities, including the Tibetans. All these are a cause for more suspicion and distrust from the outside world. Internally, they are an obstacle to unity and stability that are of utmost importance to the leaders of the People's Republic of China. In my view, it is important that as China becomes a powerful and respectable nation she should be able to adopt a reasonable policy with confidence.

The world in general, of which China is a part, is changing for the better. In recent times there is definitely a greater awareness and appreciation for peace, non-violence, democracy, justice and environmental protection. The recent unprecedented response from governments and individuals across the world to the tsunami disaster victims reaffirms that the world is truly interdependent

and the importance of universal responsibility.

My involvement in the affairs of Tibet is not for the purpose of claiming certain personal rights or political position for myself nor attempting to stake claims for the Tibetan administration in exile. In 1992 in a formal announcement I stated clearly that when we return to Tibet with a certain degree of freedom I will not hold any office in the Tibetan government or any other political position and that the present Tibetan administration in exile will be dissolved. Moreover, the Tibetans working in Tibet should carry on the main responsibility of administering Tibet.

I once again want to reassure the Chinese authorities that as long as I am responsible for the affairs of Tibet we remain fully committed to the Middle Way Approach of not seeking independence for Tibet and are willing to remain within the People's Republic of China. I am convinced that in the long run such an approach is of benefit to the Tibetan people for their material progress. It is encouraging that there is support from various parts of the world for this approach as being reasonable, realistic and of mutual benefit to the Chinese and Tibetans. I am particularly encouraged by the recognition and support that has come from certain quarters of the intellectual circle from within China.

I am happy with our renewed contacts with the Chinese leadership and that the third round of meetings last September shows that gradually our interactions are improving. Now that our elected political leadership is shouldering more responsibility in Tibetan affairs, I have advised them to look into the issues raised by the Chinese side during our third round of talks and to take steps to address or clarify them as needed. We remain hopeful that eventually we will be able to develop the necessary trust and resolve this long-standing issue to our mutual benefit.

Finally, I would like to take this opportunity to express the Tibetan people's gratitude and appreciation to the people and Government of India for their steadfast sympathy and support. I very much feel a part of this nation not only because of the centuries-old religious and cultural ties that India and Tibet enjoyed but also because I and most of the Tibetans in exile lived in India for the past 45 years.

I offer my prayers to the brave men and women of Tibet who gave their lives for the cause of Tibetan freedom.

TRIBUTE TO MS. CATHY STROUD

HON. JOSÉ E. SERRANO

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 10, 2005

Mr. SERRANO. Mr. Speaker, I rise during this month dedicated to the celebration of Black History to pay tribute to Ms. Cathy Stroud, an outstanding woman who has dedicated her life to empowering others.

Cathy was born in New Bern, North Carolina. She attended J.T. Barber High School and received her bachelors degree from Livingston College. For the past 18 years she has served as the Tenant Association president for her building. In this role she works as a liaison between tenants and management helping to resolve disputes that may arise between the two.